



HEALTHCARE COACHING INSTITUTE

PROGRAM

HCI offers an ICF accredited coach training program that emphasizes leadership in the life sciences and healthcare industries. Our program develops self-aware, wholly curious, and compassionate coaches focused on conscious leadership.

PROCESS

Classes are taught by professional coach practitioners, thought leaders, and faculty who focus on competencies mapped to three tiers of development:

Humanity — Who I am and who we are together;

Exploration — What is True;

Innovation — What is Possible.

PARTNERSHIP

Our healthcare-specific courses are taught by physician leaders, faculty, and administrative professionals in academic medicine, who are also professional coaches with extensive experience in the field, ensuring that our students receive both practical insights and masterful coaching.

What You'll Learn

Critical Leadership Development

- HCI programs help leaders become self-aware and reflective. Leaders learn the importance of being vulnerable and authentic, develop deeper connections, and help unleash the potential in others.

Essential Coaching Skill Development

- From learning the core essentials to understanding how to coach people to lead in new ways, you will learn how to: be present, listen deeply, break open conversations with reflective inquiry, share insights and inklings, and provide access to inner wisdom and intuition so leaders fully engage their internal guidance systems.

How We're Different

Focused on coaching leaders in the complex healthcare and life sciences industries, our program satisfies the coursework and mentoring requirements for PCC level ICF certification (120-hour program):

- HCI features completely virtual, synchronous classes led by expert faculty members.
- Participants learn and practice core coaching competencies during intensive training sessions, mentoring labs, and individual review sessions.
- World-class cohorts create a community of coaches and elevate the learning experience.
- Students are guided through the ICF credential process and prepared for the exam.



The HCI has completely changed the way I practice and has provided me with the valuable skills of not just being a better coach, but also serving as a better leader.



Dr. Elsie Koh
CEO and Founder
of LEAD Physician



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HEALTHCARE COACHING INSTITUTE

Led by Masterful Coach Faculty, This Program Builds Skills in Two Parts: Level One and Level Two



Level One is for those seeking core coaching competencies certification to better use coaching in daily dialogues and team dynamics.

- Leaders at any level who desire to add skill development for a new frontier, based in curiosity and learning
- HROD business partners
- Those who are internal to organizations and support all leadership functions

Coach Specific Training Hours: 60+ Hours (Over 85 credit option available)

Mentoring: 10 mentor hours (7 group and 3 individual)

Class Size: Limited to 20 Students

Program Dates: August 26, 2025 to February 3, 2026

Program Cost: \$9500.00

To Enroll: Contact admin@pyramidresource.com

Calendar: Online at www.pyramidresource.com/HealthcareCoachingInstitute/

WHO SHOULD ATTEND

HCI's Coach Training Program was designed for leaders that are new to coaching and experienced coaches who are seeking credentials and continuing education:

- **Leaders who want to earn an ICF credential (Associate Certified Coach or Professional Certified Coach)** while gaining and improving their coaching skills.
- **Change Agents and Experienced Leaders** who seek to foster change and cultural transformation using a coaching approach.
- **Leaders, Executives, HR and Learning Organizational Development Professionals** seeking a more advanced and holistic approach to coaching.
- **Career Changers and Extenders** who would like to coach and guide others while walking organizations or individuals through the uncertainty of change.



Level Two is for those seeking a professional level coach certification, especially for:

- HROD professionals who desire to build a coaching culture
- Physicians and administrators seeking a career transition or extension pathway
- Executives who are committed to driving a culture of coaching and desire to model behaviors expected for all leaders.
- All those seeking to have a professional coaching practice as central to their daily activities and income.
- Those who desire to convene peer groups and dyads for professional growth
- Those who want a deeper dive to learn more about coaching in healthcare, from professionals who have led in that space, or who are still practicing physician leaders.

Coach Specific Training Hours: 130+ Hours

Mentoring: 10 mentor hours (7 group and 3 individual)

Class Size: Limited to 20 Students

Program Dates: August 26, 2025 to June 2, 2026

Program Cost: \$14,995.00

To Enroll: Contact admin@pyramidresource.com

Calendar: Online at www.pyramidresource.com/HealthcareCoachingInstitute/



The HCI program empowered me to take bold steps in my life in order to help make a difference in the lives of others.



Nicole Piemonte,
PhD

PyramidResource.com

COURSE TOPICS

Core Skills and Mentor Labs

(Tuesday's: 7-9 pm EDT with Four Intensives

Thursday & Friday: 10 am-12:30 pm & 2-5 pm EDT)

- Coaching Ethics
- INTENSIVE 1: Core Coaching Competencies
- Cultivating Self as Coach
- Client Systems and Patterns
- INTENSIVE 2: Exploration
- Working with Bias and Social Intelligence
- INTENSIVE 3: Facilitating Client Growth
- Organizational Systems
- Group and Team Coaching
- The Business of Coaching
- Mastering the Language of Archetypes
- INTENSIVE 4: Case Work, Project Presentations and Course Completion
- Preparing for the ICF Coach Exam and Graduation


Healthcare Leadership Coaching Saturday Classes

(10-11:30 am EDT)

- Coaching and Healthcare
- Coaching Healthcare Leaders and Professionals
- Coaching the Leader in Transition
- Coaching the Healthcare Leader around Stress and Burnout
- Mindfulness — Pathway to Coaching Presence
- Reigniting Passion and Purpose, Coaching the Disillusioned Application and Integrations for Coaching Healthcare Professionals

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I was impressed with HCI and their approach to coach training geared specifically to healthcare. After coming through the recent pandemic and social justice issues, healthcare workers are tired, burned-out, and looking for ways to improve and grow. HCI Coaching is a valuable tool that can help.



HEALTHCARE COACHING INSTITUTE

Bryant Murphy, MD, MBA, FASA
Director of the UNC School of
Medicine Coaching Academy

PyramidResource.com

FREQUENTLY ASKED QUESTIONS

If I complete Level One and desire to obtain a Level Two certification after completing 100 hours of coaching, can I come back to HCI for additional training in a later cohort?

Yes, if there is space. We offer remaining open seats to those who have an ACC credential or have completed a Level One course through HCI or any other accredited coaching school. There are typically 2-4 seats remaining for a cohort. Pricing includes extra mentoring, and is comparable to the Level One certification rates – so estimate \$9,500.

Early registration rates and multiple member participation also qualify for package pricing.

See the website for current rates and availability.

What is the time commitment required between the virtual sessions?

Its minimal. Count on 30-60 minutes between classes for light reading, buddy coaching and written observations that help prepare for class. All classes are recorded for the cohort only. You may view recordings for credit for up to 30% of the course, though we do not recommend that. We realize the demands of those who serve in healthcare and work to support you to have a complete experience.

Learning Center and Handbook are resources for each course. Faculty augments courses in real time based on the cohorts needs. The links are provided upon enrollment, with invitations to the virtual platform.

DEI Policy and accommodations are included in the Student Handbook and posted on our website.

HCI's Coach Training Program Calendar Can Be Found:

Online at www.pyramidresource.com/HealthcareCoachingInstitute/

About the Pyramid Resource Group and Healthcare Coaching Institute

Founded in 1994, the Pyramid Resource Group, Inc is globally recognized for coaching forward thinking organizations into building cultures of innovative leadership on coaching platforms. As the first dedicated corporate coaching company in the United States, we have worked with some of the world's most successful organizations and have coached thousands of leaders and teams. Over and over again, our programs have proven to drive employee engagement and retention, and business productivity and innovation.

Our unique approach to coaching is based on two core beliefs:

- The most effective coaching teaches leaders to become coaches themselves
- Leadership that includes a coach approach is mostly likely to result in cultures where the dialogue is one of curiosity and understanding – or, “what can you imagine?”

More than ever when it comes to coaching, Experience Matters!

Contact us:

www.pyramidresource.com

Admin@pyramidresource.com – program and enrollment questions

Barry@pyramidresource.com – executive coach matches, program information and contracting

Dj@pyramidresource.com – designing culture initiatives and programs

Janet@pyramidresource.com – student and community needs/credential questions

Our success is the combination of:

- Proven proprietary programs and strategies which are customized to our client's needs
- Breadth and depth of experience of our coaching team

Programs include:

Leader as Coach – offered internal to organizations and customizable with logos and cultural language.

Level One and Level Two Coach Certifications detailed within.

Team Advantage – a team coaching approach that teaches teams to be great with each other and stretch results beyond expectations to achieve extraordinary outcomes.

Group Coaching – advanced mentoring and support of coach initiatives



We have seen the power of coaching. Its empowering and relationship building, and really opens up so much more potential for organizational culture.



Christina Bowen, MD

Chief Well-being Officer,
ECU Health



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