



NCHL COHORT SCHEDULE 2024

(63 CREDIT HOURS)

Class Title	Date	Time (EST)
Convene the Cohort	Wednesday, May 1, 2024	12 - 2 PM
INTENSIVE 1: What is Coaching - Who am I? Who are we Together?	Thursday, May 9, 2024	10:00 AM to 12:30 PM 2:00 PM to 5:00 PM
Introduction of Core Coaching Competencies	Friday, May 10, 2024	10:00 AM to 12:30 PM 2:00 PM to 5:00 PM
Core Skills and Competencies – Establishing Agreements	Wednesday, May 15, 2024	12 - 2 PM
Contracting for Coaching	Wednesday, May 22, 2024	12 - 2 PM
Cultivating Self as Coach – Session One	Wednesday, May 29, 2024	12 - 2 PM
Cultivating Self as Coach – Session Two	Wednesday, June 5, 2024	12 - 2 PM
Cultivating Self as Coach – Session Three	Wednesday, June 12, 2024	12 - 2 PM
Getting to the Source	Wednesday, June 19, 2024	12 - 2 PM
Delivering Direct Communication	Wednesday, June 26, 2024	12 - 2 PM
INTENSIVE 2: Exploration – What is True - Evoking Awareness	Thursday, July 11, 2024	10:00 AM to 12:30 PM 2:00 PM to 5:00 PM
Uncovering Emotions & Energy	Friday, July 12, 2024	10:00 AM to 12:30 PM 2:00 PM to 5:00 PM
Mentoring Lab 1 – Session One	Wednesday, July 17, 2024	12 - 2 PM
Mentoring Lab 1 – Session Two	Wednesday, July 24, 2024	12 - 2 PM
Client Systems & Patterns – Session One	Wednesday, July 31, 2024	12 - 2 PM
Client Systems & Patterns – Session Two	Wednesday, August 7, 2024	12 - 2 PM
Client Systems & Patterns – Session Three	Wednesday, August 14, 2024	12 - 2 PM
INTENSIVE 3: Coaching in the Space of Healthcare	Thursday, August 22, 2024	10:00 AM to 12:30 PM 2:00 PM to 5:00 PM
Creating a Culture of Coaching	Friday, August 23, 2024	10:00 AM to 12:30 PM 2:00 PM to 5:00 PM
Mentoring Lab 2 – Session One	Wednesday, August 28, 2024	12 - 2 PM
Mentoring Lab 2 – Session Two	Wednesday, September 11, 2024	12 - 2 PM
Final Mentoring Lab/Graduation	Wednesday, September 18, 2024	12 - 2 PM